



April 2019

ST. JOSEPHINE BAKHITA CATHOLIC SCHOOL NEWS

*We are called to celebrate and nurture the God-given talents of each student
as we share with excellence in the light of Christ.*

Arrival and Dismissal

Our Kiss and Ride continues to be a work in progress. We thank our drivers who are following the routine of staying in one line and **letting students out on the sidewalk.**

Drivers are not to walk their child to the yard/door.

If you would like to walk your child to the gate/door, please park off site and walk them in.

The Kiss and Ride is the busiest between 8:35-8:45 AM. School yard supervision begins at 8:25 AM and Kiss and Ride is supervised then as well.

Our bus drop off lot – north side of school – is NOT meant for student drop off. We have had a couple of close calls where students were almost hit by a car. It is a very busy parking lot as it is where most staff park and all the buses enter and exit. Buses have had issues with getting in the lot at the end of the day due to cars parked in the bus route. This delays all students from leaving the school and causes parents worry as they wait at the bus stop to walk their children home.



Mary Poppins JR

The St. Josephine Bakhita Drama Department is busy practicing for their stage debut of Mary Poppins JR. This production promises to be a first class rendition of the popular children's story. Our evening dates for the public are April 17th and 18th.

Tickets will be \$6/person.



St. Josephine Bakhita Catholic School Council Update



Congratulations to Ms Sharma, who was selected for our Volunteer of Distinction Award presented by DCPIC for her many years of Catholic School Council involvement.

Come join us at Chapters/Indigo for a fun night on Thursday, April 4th between 6:30pm and 8:30pm. All are welcomed to make some crafts, participate in a scavenger hunt, listen to a few of our talented students from the play, and enter for a chance to win some gift cards! We will also be collecting gently used books for our school library. For every purchase made using our school name, a percentage will be given back to the school in books! Hope to see you there!

Plans are underway for our Spring Fair on June 6th and we'd love to hear what suggestions you might have. Please feel free to email Jovie with any feedback from previous years as well as ideas for this year - joviecajindos@gmail.com

April 8th SJB will be launching Recipes in a Jar Fundraiser. Every jar sold will give a family in need a meal at our local food bank. Help us to give back to our community by indulging in some tasty recipes. The website for ordering is: SJBAjax.recipesinajar.ca

Our next council meeting is **Thursday, April 25th at 7:00pm in the library.**

Edsby



Welcome to our new school communication application. You should have received information via hard copy from one of your children in February and further communication would have been sent to you via email inviting you to download the free app. If you haven't received an email, it means that we do not have a current and/or accurate email address for you. Please check with Mrs. Verway or Mrs. Sang, our secretaries, in order to ensure the information we have in our system is correct. We encourage you to check the site often to keep up with the many great things happening at SJB!

Planning for September 2019 has begun...

If you are moving over the summer and your children won't be returning to SJB, please let the Office know.

If you have a Kindergarten aged child or know of somebody who does and is planning on attending SJB in the Fall, please let them know that they need to register by contacting the Office and setting up an appointment.



Mindfulness – Wellness



<p>Mindfulness Activity Card</p> <p>Place your hand on your belly. Take 10 deep breaths and notice your hand moving up and down as you breathe.</p>	<p>Mindfulness Activity Card</p> <p>Sit very still and notice one thing that you can see, hear, feel, taste and smell.</p>
<p>Mindfulness Activity Card</p> <p>Close your eyes and spend one minute thinking about the happiest day of your life. Try to remember as much about that day as you can.</p>	<p>Mindfulness Activity Card</p> <p>Close your eyes and think about how you are feeling. Happy? Sad? Mad? Scared? Excited? Something else? Think about how you know you are feeling this way.</p>
<p>Mindfulness Activity Card</p> <p>Close your eyes and sit quietly. Notice the way that your clothes feel on your body. Notice your shirt, pants and shoes. Do you notice anything you didn't notice before?</p>	<p>Mindfulness Activity Card</p> <p>Sit quietly and place a small object in your hand. A pencil, eraser, or something else. Notice how heavy the object is. Think about what it feels like in your hand. Notice one new thing about this object.</p>



Save the date

Our Grade 8 Closing Ceremonies will be held in the Notre Dame Theater on **Tuesday June 25th beginning at 6:30 pm** with a student dance to follow, ending at 10:00 pm.

More information will follow but I know many of you have busy schedules and would like to reserve the date on your calendars.

